

## **Txojkev nojqab nyobzoo thiab nyab-xeeb ntawm kev ua haujlwm – kev tu-tsev**

Kabmob COVID-19 sibkis los ntawm cov npuas aub-ncaug uas thaum tus neeg mob hnoos losyog txham tawm. Tus neeg yuav kis tau tus kabmob thaum mus tuav tau thajchaw losyog tej khoom uas muaj tus kabmob poob lo ces nws ho muab txhais-tes mus kov nws lub qhov-ncauj, qhov-ntswg losyog qhov-muag.

Thajchaw ua haujlwm yuavtsum tau tu thialb cheb yam tsawg, ib hnuv ib zaug. Siv dej thiab sab-npus ntxuav tais-diaiv ntxuav xwb los yeej huv lawm.

Koj yuav tau:

- tsis txhob kov tej chaw surfaces ntau; muab daim paib-ntawv qhia thiab hais cov neeg ua haujlwm kom qhia rau cov neeg tuaj yuav khoom kom paub
- txhob pub muaj ntau qhov chaw uas yuav siv txhais-tes kov -touch points
- npaj cov chaw ntxuav-tes losyog cawv-dej ntxuav tes siv rau ntawm qhov rooj nkag thiab tawm, yog ua tau.

## **Txojkev tu-tsev thiab tua kabmob disinfect**

Uantej koj yuav muab tshuaj tua kabmob los tsuag, nws tshwj-xeeb ntawm koj yuavtsum xub tu-tsev uantej. Cov av thiab plua-tshauv yuav ua rau kom cov tshuaj tua kabmob tsis ua haujlwm zoo.

Koj yuavtau npaj cov khoom siv tu-tsev thiab cov tshuaj siv tua kabmob nrog rau cov khaub-ncaws hnav tiv-thaiv rau cov neeg tu-tsev thiab txheeb-xyuas tias lawv yeej tau mus kawm siv cov twj-taig khoom siv tu-tsev no lawm.

## **Kev tu-tsev thiab kev tsuag tshuaj tua kabmob yog txawv licas?**

**Tu-tsev Cleaning** yog txais tias koj yuav tau siv cov dej tov xyaw sab-npus coj mus so cov av thiab plua-tshauv uas muaj cov kabmob (kabmob bacteria thiab khaub thuas), nyob saum tejchaw siv surfaces.

**Kev tua kabmob -Disinfecting** yog txhais tias yuav siv tshuaj tua kabmob los tsuag ntxuav cov kabmob suam tej chaw siv -surfaces. Kev siv tshuaj tua kabmob yog siv so thiab ntxuav rau tej thajchaw uas tau muaj kabmob poob lo rau.

## **Thajchaw twg thiaj yuav tau so/ntxuav thiab tsuag tshuaj tua, thiab yuav tu pe-tsawg zaus?**

Yuav tau tu tsis so rau tej chaw surfaces ntawm cov neeg ib sij tuav ib, xwsli tus-tes qhov-rooj, chaw txais-qhua, lub xovtooj, EFTPOS thiab tsev dej.

Cov chaw siv surfaces uas tsis huv losyog muaj dej nchuav rau, yuav tsum tau mus tu thiab so kom sai npaum li yuav sai tau.

Yuavtsum siv tshuaj tua kabmob tsuag rau cov chaw ua haujlwm uas paub tias muaj neeg muaj mob COVID-19 nyob hauv. Yog tias ib hnub no, muaj neeg coob leej nkag tuaj rau hauv nej lub tsev ua haujlwm ces nej yuav tau ib sij siv tshuaj tua kabmob tsuag losyog tu thajchaw ntawv tsis so.

## **Yuav uacas yog tias muaj neeg mob COVID-19 nyob hauv kuv lub chaw ua haujlwm?**

Yog muaj neeg mob COVID-19 nyob tom chaw ua haujlwm koj lub [state or territory health authority](#) mam qhia saib koj yuav ua licas. Koj ua rawsli lawv qhia koj.

Koj yuavtsum tu lub chaw ua haujlwm kom huvsu thiab tsuag tshuaj tua kabmob kom thoob plaws uantej thaum cov neeg yuav rovqab tuaj ua haujlwm.

## **Uali cov khoom siv ntawm cov neeg ua haujlwm ntiag-tug?**

Koj yuavtsum hais qhia koj cov neeg ua haujlwm kom lawv ibsij so lawv cov khoom siv tsis so, xwsli lawv daim iav-qhovmuag, lub xovtooj, uas yog siv cov ntawv disinfectant wipes coj los so kom huvsu.

## **Yog cov khoom siv no tsis muaj muag lawm, kuv puas muajcai ua tau kuv cov cawv-dej ntxuav tes los siv?**

Yuav tau siv cov tshuaj tua kabmob uas raug pomzoo ntawm tsoomfwv xwv koj thiaj paub tias nws tua tau kabmob tiag. Tabsis yog koj yuav tod koj ib cov tshuaj tua kabmob los tau, uas yog siv bleach tod xyaw dej. Koj yuav tau ceevfaj thaum siv tej tshuaj chemicals vim tias ib tsam ho ua teebmeem rau koj thiab.

## **Kuv cov neeg ua haujlwm yuav hnav cov khaub ncaws twg thaum mus tu-tsev?**

Nyob rau txhua qhov chaw, koj cov neeg tu-tsev tsis tas yuav hnav cov khaub ncaws tiv-thaiv lub cev thiaj mus tu-tsev hauv chaw ua haujlwm tau. Cov khoom pib siv yog:

- yam tsawg yuavtsum muaj cov hnav looj-tes
- cov ntaub npog qhov-ncauj, siv thaum mus tu thajtsam ntawm muaj tus mob COVID-19
- tsis tas hnav cov tsho gowns losyog tsho tiv-thaiv disposable suits mus tu-tsev
- koj yuav tau npaj cov khoom siv tiv-thaiv lawv tus kheej thiab qhia koj cov neeg ua haujlwm kom txawj siv thiab tsis ua teebmeem muaj xwm rau lawv.

## **Cov tshuaj tua kabmob antibacterial puas yuav tua tau COVID-19?**

Tshuaj tua kabmob Antibacterial yog siv tua cov kabmob bacteria. Vim tias, COVID-19 yog mob tshwm sim los ntawm kabmob khaub-thuas virus uas tsis yog kabmob bacteria, vimlino yam tshuaj tua kabmob antibacterial thiaj tsis ntxim.

Kev ntxhuav tes, yog siv dej sov-so thiab sab-npuas ntxuav tes ces yuav zoo dua.

### **Kev nthuav-xov ntxiv**

Yog xav paub ntau txog kabmob COVID-19 thiab txojkev nojqab nyobzoo thiab kev nyab-xeeb ntawm kev ua haujlwm, mus xyuas hauv [Safe Work Australia website](https://www.ssa.gov.au/coronavirus).