

COVID-19 thiab kev nojqab nyobzoo thiab tsis muaj xwm hauv chaw ua haujlwm– Kev Ua-vaj Ua-tsev (Building and construction)

Rawsli tus kevcai tswj kev nojqab nyobzoo thiab tsis muaj xwm hauv chaw ua haujlwm (*Work Health and Safety laws*), cov tswv-ntiav muaj lub luag haujlwm saib kom txhua tus neeg nkag tuaj hauv thajchaw ua haujlwm tsis txhob ntsib kev muaj xwm. Tus tswv-ntiav yuavtsum ncig-xyuas saib thajchaw ua haujlwm twg ntxim yuav muaj xwm ces txhim kho thajchaw ntawd kom tsis txhob ua teebmeem.

Koj yuavtsum mus nrog koj cov neeg ua haujlwm tham txog qhov teebmeem kabmob COVID -19. Koj yuavtsum mloog lawv txojkev txhawj-xeeb uantej koj yuav txiav txim-siab.

Kev nyob sib nrug-deb – (*Physical distancing*)

Koj yuavtsum cais cov neeg ua haujlwm kom nyob sib nrug-deb 1.5 metre ntawm ib tug, piv-txwv li:

- tsis txhob pub kom muaj kev sib tuav-tes– hais kom lawv siv lub xovtooj hu sib tham
- txiav cov neeg tuaj ua haujlwm kom tsawg
- muab haujlwm sib faib ua xwsli ib cov ua sawv-ntxov, ib cov ua tsaus-ntuj
- txo cov haujlwm kom ua tsawg zog rau hauv ib hnuv
- pub nqa haujlwm mus ua nyob tom tsev, yog nqa tau
- txhim kho cov kev taug hauv chaw ua haujlwm xwv sawvdaws thiaj taug-kev tau sib nrug-deb
- tsis txhob pub cov neeg ua haujlwm nyob coob uake rau ib thajchaw, xwsli thaum caij noj su, caij so thiab kho cov rooj tog zaum hauv chaw nojmov kom txawb sib nrug-deb
- hu kev sablaj hauv Online, yog hu tsis tau li ntawd, ces yuavtsum hu kev sablaj nyob rau ib chav tsev loj thiab cais cov neeg tuaj sablaj kom nyob sib nrug-deb li 1.5 metres.
- Ncua cov kev qhuab-qhia ua tsis maj/tseemceeb tseg
- muab cov paib ntawv qhia txog kev nyob sib nrug-deb nthuav rau hauv thajchaw ua haujlwm

Koj yuavtsum npaj tiv-thaiv kev raug mob thiab muaj xwm rau koj cov neeg ua haujlwm thaum lub caij sawvdaws ua haujlwm nyob sib nrug-deb.

Txheeb-xyuas kev Muaj mob (Health checks and quarantine)

Koj yuav tau txheeb xyuas koj cov neeg ua haujlwm kom tsis txhob muaj mob COVID-19, xwsli ntsuas saib lawv lub cev puas kub tau-haus.

Hais rau txhua tus neeg ua haujlwm kom paub tseeb, txawm lawv yuav ua haujlwm nyob hauv thajchaw ua haujlwm losyog ua haujlwm nyob tom tsev, lawv yuavtsum qhia koj yog thaum twg lawv:

- tsis xis-neej (have any symptoms)
- tau mus nyob ze nrog cov neeg uas tejzaum muaj tus mob COVID-19 (txawm tias tus neeg mob ntawm tseem tsis tau mus kuaj kom paub tseeb tias nws muaj tus kabmob COVID-19)
- mus xyuas lwm tus neeg ua haujlwm uas muaj mob

Tsis txhob pub tus neeg tuaj ua haujlwm yog nws tsis xis-neej.

Kev ntxuav thiab tu Thaj chaw ua haujlwm

Yuavtsum siv cov sab-npus thiab tshuaj tua kabmob disinfectant coj los ntxuav thiab so rau:

- cov khoom siv – xwsli cov ntaiv lifts, cov tshuab nqa khoom, cov tes qhov-rooj etc.
- cov khoom yus tus kheej siv xwsli yus daim iav -glasses thiab tej xovtooj
- twj-taig khoom siv xws li cov tshuab, riam, rauj thiab lwm yam
- tej chaw siv, chaw zov, chaw noj mov, tsev plob, rooj-tog etc... (site amenities)

Qhia cov neeg ua haujlwm kom tu thiab so tej twj-taig khoom uas lawv tau siv tag cia kom huvsu.

Txhua tus neeg uas tu thiab so tsev yuavtsum:

- rau hlab looj-tes
- siv cov cawv tua kabmob ntxuav-tes uantej thiab tomqab rau hlab looj-tes tag

Npaj ntau lub thoob ntim khoom pov-tseg cia rau lawv tau pov-tseg cov ntaub so ntswg-tissues.

Tu lub cev kom huv-si -Hygiene

Cov neeg ua haujlwm yuav tsum xyaum tu cev kom huv-si (practice good hygiene):

- muab txhais npab losyog daim ntawv so-ntswg los pos qhov-ncauj thaum hnoos thiab txham
- muab daim ntawv so-ntswg pom tsev rau hauv lub thoob ntim khoom pov-tseg
- muab xab-npus ntxuav tes tsis so kom ntev li 20 seconds thiab so kom qhuav huvsu, uantej thiab tomqab noj mov thiab tomqab mus siv tsev plob tag
- siv cov cawv alcohol-based hand sanitisers coj los ntxhuav-tes
- da-dej, ntxuav lub cev, zawv plaub-hau thiab hloov khaub-ncaws ib hnuv ib zaug
- nyob nrug-deb ntawm lwm tus li 1.5 metres
- nyob twjywm hauv tsev yog tsis xis-neej
- tsis txhob kov lub ntsej-muag
- tsis txhob tuav-tes nrog lwm tus losyog puag lwm tus
- tsis txhob nti aub-ncaug
- haus luam-yeeb tag ces muab qhov seem ntawd pov rau hauv lub thoob rau khoom pov-tseg

Tu cov tsev dej kom huvsu thiab npaj cov sab-npus, dej thiab ntawv sov-quav rau cov neeg ua haujlwm tau siv. Npaj cov cawv alcohol-based hand sanitiser cia rau lawv tau siv ntxuav-tes.

Cov neeg xa-khoom thiab neeg contractors ntiav tuaj ua haujlwm

Yog muaj neeg tuaj xyuas hauv chaw ua haujlwm:

- qhia rau lawv paub meej txog yam yuav tau ceefvaj thaum nkag tuaj hauv chaw ua haujlwm
- tsis txhob tso kom muaj coob tus nkag tuaj sibkoom ua haujlwm uake
- npaj cov cawv alcohol-based hand sanitiser rau lawv siv tomqab ua haujlwm tiav
- hais kom cov neeg xa khoom nyob twjywm hauv nws lub tshab tsis txhob tawm los
- hais kom sawvdaws kos-npe rau lub tshuab electroinic thaum lav txais cov khoom



Yog xav paub ntau

Yog xav paub ntau txog txojkev tiv-thaiv kev muaj xwm hauv chaw ua haujlwm, thov nkag mus saib hauv [Safe Work Australia website](#).