Australian Government
Department of Health

BE COVIDSAFE

ܫܬܐ ܦܣܘܥܝܬܐ ܠܡܟܠܝܘܗܝ ܦܪܫܬܐ.

ܩܝܡܘܗܝ ܕܡܟܠܝܘܗܝ ܥܠ ܦܪܫܬܐ ܘܕܣܡܟܘܗܝ ܥܠ ܦܘܠܚܢܘܟܘܢ ܒܕܘܟܬܐ ܕܡܫܡܫܬܐ ܕܝܬܘܒܘܬܗܘܢ ܦܣܘܥܝܬܐ

1. ܡܘܢ ܝܠܗܘܢ ܟܘܠܗܢܐ ܟܪܗܐ؟

ܟܠ ܢܫ ܕܦܩܥܝܘܗܝ ܝܠܗ ܒܪܢܫܐ ܝܐ ܡܟܪܚܝܐ ܗܘܐ، ܐܦܠܐ ܕܝܢܝܫܘܬܗ ܡܚܝܠܐ ܝܠܐ. ܡܚܝܕܘ ܥܠ ܚܕ ܐܘܪܚܐ ܒܝܬ ܐܬܘܬܐ ܕܪܡܫܐ ܢܩܫ ܘܫܠܡܘܬܗ ܠܡܠܟܘܬܗ (ܢܝܫܢܘܬܗ). ܐܡܘܪܘ ܠܗܘܢ ܕܝܠܗܘܢ ܡܘܢ ܚܕ ܦܠܚܐ ܕܒܝܬܐ ܕܡܫܡܫܬܐ ܕܐܬܝܐ ܠܡܥܒܕܐ ܥܒܕܐ. ܟܠܗܘܢ ܦܠܚܐ ܕܥܬܝܕܐ ܕܡܫܡܫܬܐ ܕܐܬܝܐ ܠܡܥܒܕܐ ܥܒܕܐ ܩܡ ܕܡܟܠܝ ܦܪܫܬܐ ܕܡܪܥܐ ܕ COVID-19. ܢܝܫܢܐ ܕܡܪܥܐ ܕ COVID-19 ܩܝܢܐ ܕܗܘܝ ܕܡܫܬܚܠܦܝ ܗܘܢ ܡܪܬܐ ܒܝ ܕܐܢܫܘܬܐ ܦܠܘ ܘܩܝܢܐ ܕܫܚܝܢ:

- ܫܥܠܘܬܐ
- ܫܚܢܐ
- ܚܢܘܩܬܐ ܕܢܦܫܐ ܢܩܫ
- ܟܠܡܟܬܐ ܕܡܫܚܢܐ ܐܠܗ
- ܡܪܥܐ ܕܓܪܐ
- ܟܠܡܬܐ ܕܓܪܓܪܐ ܕܓܪܡܐ
- ܟܠܡܬܐ ܕܓܪܓܪܐ ܕܟܠܒܐ
- ܚܣܪܐ ܕܡܝܩ ܚܪܝܢܐ ܝܠܗ
- ܓܘܦܐ ܕܡܝܠܬܐ
- ܓܘܦܐ ܕܝܡܝܢܐ
- ܦܠܓܘܬܐ ܕܢܦܫܐ
- ܚܒܠܬܐ ܕܝܕܐ\ܠܒܬܐ
- ܟܠܡܬܐ ܕܪܓܠܐ

2. ܝܠܝܐ ܗܘܐ ܝܬܒܐ ܡܢ ܐܢܫܐ ܕܡܪܥܝܐ ܝܠܗ؟

ܟܠ ܢܫ ܕܦܩܥܝܘܗܝ ܝܠܗ ܒܪܢܫܐ ܝܐ ܒܡܗܠܟܐ ܕ 14 ܝܘܡܢܐ ܥܒܝܪܐ ܝܠܗܘܢ:

- ܕܩܪܝܒܐ ܗܘܐ ܡܢ ܩܘܪܒܐ ܒܚܕ ܦܪܨܘܦܐ ܕܝܡܝܬܐ ܠܝܗ ܡܪܥܐ ܕ COVID-19 ܘܠܐ ܗܘܐ ܗܘܐ ܠܒܝܫܐ ܡܐܢܐ ܕܢܛܘܪܘܬܐ ܦܪܨܘܦܝܬܐ (Personal Protective Equipment (PPE)) ܒ
- ܕܥܒܝܪܐ ܗܘܐ ܡܢ ܚܕ ܣܘܩܝܐ ܠܓܒܐ ܕܐܘܣܬܪܠܝܐ.

ܝܠܗܘܢ ܟܠ ܕܘܝܡܘܢ ܝܠܗ ܣܓܝܬܘܬܐ ܣܘܦܩܢܝܬܐ ܒ ܣܓܝܬܘܬܐ ܕܟܠܝܬܐ. ܡܚܝܕܘ ܥܠ ܡܦܠܚܢܘܬܗ ܒ ܡܕܒܪܢܘܬܗ. ܠܐ ܐܘܠܝܘܗܝ ܠܦܘܠܚܢܐ. ܝܐ ܢܝܫܢܘܬܗ ܢܝܫܢܐ ܕܡܪܥܐ، ܐܦܠܐ ܕܡܚܝܠܐ ܝܠܐ، ܟܠܗܘܢ ܝܠܟܘܢ ܐܫܬܝܢ. ܡܕܒܪܘ ܠܗܘܢ ܕܝܠܗܘܢ ܓܘ ܦܠܚܝܘܗܝ ܝܠܗ ܚܕ ܒܝܬܐ ܕܡܫܡܫܬܐ ܕܐܬܝܐ ܠܡܥܒܕܐ ܥܒܕܐ.

3. ܚܕܬܐ ܐܠܗ ܡܬܟܬܒܘܬܘܢ ܕܦܠܘ؟

ܝܐ ܝܠܗܘܢ ܦܠܚܐ ܗܘܐ، ܝܠܗ ܚܕ ܒܝܬܐ ܕܡܫܡܫܬܐ

ܕܐܬܝܐ ܠܡܥܒܕܐ ܥܒܕܐ، ܟܠ ܢܫ ܕܦܩܥܝܘܗܝ ܡܬܟܬܒܢܐ ܝܠܗܘܢ ܡܪܥܐ ܕܦܠܘ. ܐܝܟ ܚܫܒܢܝܬ ܡܬܟܬܒܢܘܬܗ ܗܘܝ ܦܠܚܐ ܕܝܠܗ ܒܝܬܐ ܕܡܫܡܫܬܐ ܕܐܬܝܐ ܠܡܥܒܕܐ ܥܒܕܐ ܕܦܩܥܝ ܡܬܟܬܒܢܐ ܝܠܗܘܢ ܡܪܥܐ ܕܦܠܘ ܥܠ ܝܪܚܐ 2020.

4. ܚܘܫܒܢܘܗܝ ܗܘܐ ܐܝܕܘܬܘܢ؟

ܟܠ ܢܫ ܕܚܫܝܒܝܘܗܝ ܠܗܘܢ ܐܝܕܘܬܘܢ ܒܪܒܘ ܘܒܡܝܐ ܥܠ ܠܐ ܦܚܘܬܐ ܡܢ 20 ܪܦܦܐ. ܝܐ ܐܝܕܘܬܘܢ ܠܐ ܝܠܗ ܡܟܘܝܐ ܝܚܝܕܝܐ، ܩܝܡܘܗܝ ܕܡܦܠܚܝܘܗܝ ܡܕܒܪܢܐ ܕܐܝܕܐ ܕܝܚܝܕܝܐ ܡܢܗ ܐܠܟܘܗܘܠ. ܟܠ ܢܫ ܕܚܫܝܒܝܘܗܝ ܠܗܘܢ ܐܝܕܘܬܘܢ ܒܟܡܝܠܘܬܐ:

- ܡܢ ܩܕܡ ܕܦܪܫܝܘܗܝ ܦܠܚܐ
- ܡܢ ܩܕܡ ܘܡܢ ܒܬܪ ܒܠ ܐܟܠܐ ܕܡܪܫܝܘܗܝ، ܡܢ ܩܘܪܒܐ ܒܚܕ ܦܪܨܘܦܐ ܕܡܚܘܝܐ ܗܘܐ ܟܠܐ ܝܠܗ
- ܡܢ ܒܬܪ ܕܝܡܘܪܐ ܗܘܐ ܒܝܬܝܐ ܒ ܒܡܠܦܢܐ ܕܡܗܘܡܢܘܬܐ ܐܠܗ ܕܝܚܝܕܝܐ ܝܠܐ
- ܒܝܘܡܢܐ ܕܐܘܪܚܐ ܒܡܗܠܟܐ ܕܡܠܝܗ ܝܘܡܐ

5. ܗܘܝܡܐ ܗܘܐ ܗܘܠܦܢܐ ܕ COVID-19 ܥܠ ܦܠܚܐ ܕܟܠܗ ܕܡܫܡܫܬܐ ܕܐܬܝܐ ܠܡܥܒܕܐ ܥܒܕܐ؟

ܐܝܟܐ ܐܝܬ ܝܕܥܐ ܕܗܘܠܦܢܐ ܡܟܠܝܐ ܥܠ ܐܝܢܛܪܢܝܛ ܕܦܝܫܐ ܝܠܗ ܡܘܩܪܐ ܠܦܘܠܚܐ ܥܠܝܘܗܝ:

- ܕܦܪܫܝܘܗܝ ܡܦܠܚ ܡܢܗ COVID-19
- ܕܡܟܬܒܝܘܗܝ ܠܗܘܢ ܪܡܙܐ ܘܢܝܫܢܐ ܕܡܪܥܐ
- ܕܫܡܥܝܘܗܝ ܥܠ ܦܠܚܘܬܘܢ ܘܠܐܝܠܬܐ ܒܒܝܬܐ

ܩܝܡܘܗܝ ܕܡܟܬܒܝܘܗܝ ܠܗܘܢ ܝܕܥܐ ܕܗܘܠܦܢܐ ܥܠ ܐܘܪܚܐ:

https://covid-19training.gov.au

ܐܢܫܬܐ ܐܠܗ ܕܡܟܠܝܘܗܝ ܗܘܠܦܢܐ ܡܫܝܚܬܐ ܝܘܡܢܐ ܒܗܝ ܡܪܟܒܢܬܐ ܥܠ ܡܟܠܝܬܐ ܕܡܪܝܐ ܡܬܟܢܫܐ ܘܡܫܬܠܛܢܬܐ ܐܚܪܝܐ.

6. ܐܝܟܢܐ ܪܘܚܐ ܘܐܝܟ ܡܦܠܚܝܘܗܝ PPE؟

ܡܐܢܐ ܕܢܛܘܪܘܬܐ ܦܪܨܘܦܝܬܐ (Personal Protective Equipment (PPE)) ܐܢܫܝܐ ܝܠܗ ܠܡܢܛܪܢܘܬܘܢ ܒܒܝܬܐ ܓܘ ܦܠܚܐ ܗܘܐ. ܐܢܫܬܐ ܐܠܗ ܕܐܟܠܝܘܗܝ ܠܩܢܘܢܐ ܕܐܘܚܕܢܘܬܘܢ ܘܕܝܢܝܬܘܢ ܥܠ ܡܦܠܚܬܐ ܕ PPE.

PPE ܟܠ ܢܫ ܕܦܩܥܝ ܠܒܝܫܐ ܐܝܟ ܕܡܚܘܝܐ ܗܘܐ ܟܠܐ ܠܚܕ ܦܪܨܘܦܐ:

- ܕܦܝܫܐ ܝܠܗ ܡܟܘܪܐ، ܒ ܐܝܬ ܝܡܘܬܐ، ܕܝܡܝܬܐ ܠܝܗ ܡܪܥܐ ܕ COVID-19
- ܕܦܝܫܐ ܝܠܗ ܡܣܘܡܢܐ ܝܠܗ ܣܓܝܬܘܬܐ ܣܘܦܩܢܝܬܐ

ܠܒܫܘ ܠܗܘܢ PPE ܡܢ ܩܕܡ ܕܐܟܠܝܘܗܝ، ܠܝܠܗ ܐܘܪܚܐ ܕܗܘ ܦܪܨܘܦܐ. ܚܡܝܡܘ ܒܬܪ ܡܦܠܚܢܘܬܘܢ ܒ ܡܕܒܪܢܘܬܘܢ ܝܐ ܠܐ ܗܘܐ ܫܚܝܩܐ. ܦܪܩܘ ܠܗ ܓܒܝܗ ܕ PPE ܘܡܪܘ ܠܗ ܗܘܕܥܬܐ ܕܗܘܠܟܢܐ ܡܬܚܡܝܢܐ (flowchart) ܥܠ ܡܦܠܚܬܐ ܕ PPE ܗܫܐ ܡܟܘܝܐ ܕ COVID-19 (COVID-19 Resources) ܝܠܗ ܐܘܪܚܐ health.gov.au.