Australian Government
Department of Health

BE COVIDSAFE

ܦܘܼܪܣܵܐ ܕܡܫܲܡܫܵܢܘܼܬܵܐ
ܫܦܝܼܪ ܝܠܹܗ ܕܗܵܘܹܐ ܠܘܼܟ݂ܘܿܢ، ܡܫܲܡܫܵܢܘܼܬܵܐ ܕܒܲܝܬܵܐ

ܚܘܼܠܡܵܢܘܼܟ݂ܘܿܢ، ܝܠܹܗ ܡܲܘܕܥܵܢܘܼܬܵܐ ܕܒܘܼܠܛܵܢܵܐ ܘܐܘܿܚܕܵܢܵܐ. ܐܲܢܲܚ ܝܘܸܚ ܚܲܫܝܼܚܹܐ ܢܛܵܪܬܘܿܟ݂ܘܿܢ، ܡܢ ܟܘܼܪܗܵܢܵܐ ܕܟܘܼܪܘܿܢܵܐ (COVID-19).

ܦܠܚܵܐ ܕܡܲܕܒܪܵܢܘܼܬܵܐ ܕܒܲܝܬܵܐ ܒܲܣܝܼܡܵܐ ܝܢܵܐ ܕܗܵܘܝܼ ܓܵܐܹܐ ܠܘܼܬܘܿܟ݂ܘܿܢ، ܘܢܵܛܪܝܼ ܟܠܵܐ ܩܢܘܿܢܹܐ ܐܲܡܝܼܢܵܝܹܐ ܕܕܘܼܡܵܐ ܚܘܼܠܡܵܢܵܐ ܕܣܵܥܘܿܪܘܼܟ݂ܘܿܢ، ܘܦܵܠܚܘܿܢ.

ܐܲܢܲܚ ܝܘܸܚ ܡܲܠܦܸܠܗ ܒܪܲܚܡܵܐ ܕܒܲܣܝܼܡܘܼܬܵܐ ܕܡܲܕܒܪܵܢܘܼܬܵܐ ܐܲܚܹܪ̈ܢܹܐ ܠܘܼܬܵܐ ܕܐܘܿܡܵܢܵܝܹܐ ܒܘܼܬ ܐܲܝܟ ܠܡܲܦܠܲܚܬܵܐ ܕܡܲܦܵܩܬܵܐ ܕܢܸܫܡܬܵܐ ܕܓܵܢܵܐ.

ܦܠܵܚܘܿܟ݂ܘܿܢ، ܕܡܫܲܡܫܵܐ ܕܟܠܵܐ ܒܲܪ ܐܢܵܫܹ̈ܐ ܒܲܣܝܼܡܘܼܬܵܐ ܕܒܲܝܬܵܐ ܟܲܕ ܐܝܼܬ ܐܲܚܹܪ̈ܢܹܐ ܡܲܫܡܲܪ̈ܝܵܢܹܐ ܝܵܫܹܐ ܕܡܲܦܫܪܸܢ، ܒܕܲܝܵܪܹܐ، ܠܚܘܼܫܵܒܹܐ ܕܢܸܓܕܹܐ، ܘܫܲܘܬܵܦܹܐ ܡܲܫܡܲܪ̈ܝܵܢܹܐ ܕܒܵܬܝ̈ܢܵܐ ܝܢ، ܦܝܼܫܬܵܐ ܝܠܹܗ ܡܲܠܡܲܕܬܵܐ ܠܗ ܩܪܝܼܒܘܼܬܘܿܢ.

ܐܲܚܹܪ̈ܢܹܐ ܦܘܼܪ̈ܣܹܐ ܕܡܫܲܡܫܵܐ ܕܟܠܵܐ ܒܲܪ ܦܠܵܚܵܐ ܠܒܲܝܬܵܐ ܟܲܕ ܦܠܵܚܵܐ ܕܡܲܕܒܪܵܢܘܼܬܵܐ ܕܒܲܝܬܵܐ ܒܲܣܝܼܡܵܐ ܝܢ:

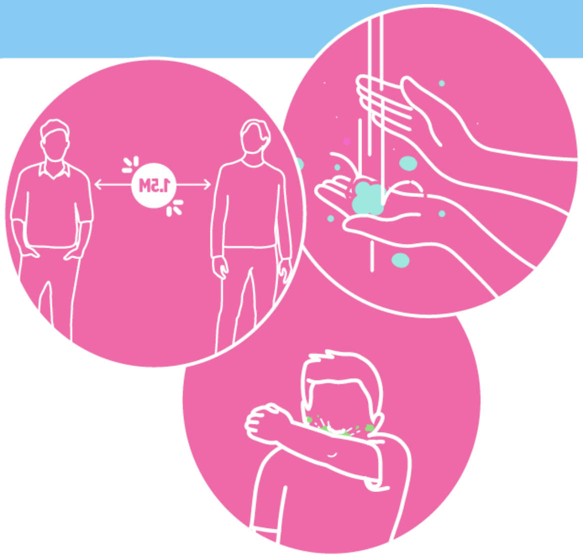
- ܦܝܼܫܵܐ ܝܗ݇ܘܵܐ، ܡܚܘܼܣܝܵܢܹܐ ܘܡܲܫܡܲܪ̈ܝܵܢܹܐ ܕܦܘܼܠܚܵܢܵܐ ܝܗ݇ܘܵܐ، ܒܟܘܼܪܗܵܢܵܐ ܕ COVID-19
- ܠܲܝܬ ܥܕܵܢܵܐ ܕܢܲܩܦܘܼܬܘܿܢ، COVID-19
- ܡܚܘܼܣܝܵܐ ܝܗ݇ܘܵܐ، ܒܢܘܼܫܵܩܵܐ ܕ COVID-19

ܟܠ ܚܲܕ ܦܠܵܚܵܐ ܕܡܲܕܒܪܵܢܘܼܬܵܐ ܕܒܲܝܬܵܐ ܒܲܣܝܼܡܵܐ ܝܢܵܐ ܕܡܚܘܼܣܝܵܐ ܝܠܹܗ ܒܢܘܼܫܵܩܵܐ ܕ COVID-19 ܝܢ ܝܠܹܗ ܦܝܼܫܵܐ ܡܘܼܕܥܵܐ ܦܘܼܫܵܩܵܐ ܕܦܠܵܚܵܐ - ܘܗܵܢܵܐ ܡܲܥܒܕܵܢܘܼܬܵܐ (ܡܲܕܥܵܐ)، ܦܠܵܚܹ̈ܐ ܕܢܲܩܦܘܼܬܘܿܢ، ܒܢܘܼܫܵܩܵܐ ܦܵܝܫܹܐ ܐܸܢܵܐ ܡܚܘܼܣܝܵܢܹܐ.

ܦܠܵܚܹ̈ܐ ܕܡܲܕܒܪܵܢܘܼܬܵܐ ܕܒܲܝܬܵܐ ܒܲܣܝܼܡܵܐ ܝܢܵܐ ܡܲܠܦܹܐ ܐܸܢܵܐ ܗܘ ܝܕܝܼܥܬܵܐ ܐܲܡܝܼܢܬܵܐ ܒܘܼܕ ܫܦܝܼܪ ܗܵܘܹܐ ܕܢܸܛܪܝܼ ܠܘܼܟ݂ܘܿܢ، ܘܢܸܛܪܝܼ ܠܢܲܦܫܲܝܗܝ ܡܢ ܕ COVID-19.

ܝܼܕܲܥܬܵܐ ܙܵܘܕܵܢܵܝܬܵܐ

ܩܵ ܕܡܲܥܒܸܪܝܼܬܘܿܢ، ܡܵܘܕܥܵܢܘܼܝܵܬܵܐ ܙܵܘܕܵܐ ܒܘܼܬ ܕ COVID-19 ܝܢ، ܟܡܵܐ ܠܘܿܟ݂ܘܿܢ، ܡܲܣܲܪܘܼܬܘܿܢ، ܩܵܐ ܣܵܥܘܿܪܬܵܐ ܕܘܼܝܵܕܥܵܐ ܐܲܡܝܼܢܵܐ ܕܟܘܼܪܗܵܢܵܐ ܕܟܘܼܪܘܿܢܵܐ ܥܲܠ ܡܸܢܝܵܢܵܐ **1800 020 080** ܝܢ ܣܵܥܘܿܪܘܼܢ، ܠܦܘܿܬܵܐ ܕ health.gov.au.



ܐܢ ܚܒܝܩܐ ܝܗܘܝܬܘܢ ܕܡܩܒܠܝܬܘܢ ܡܘܕܥܢܘܬܐ ܙܘܕܐ ܒܘܬ ܚܠܡܬܐ ܕܒܝܬܐ، ܡܨܝܬܘܢ ܩܪܐ ܠ My Aged Care ܥܠ ܡܢܝܢܐ **1800 200 422**.

ܐܢ ܐܝܬܠܘܟܘܢ ܙܕܘܥܬܐ ܒܘܬ ܚܠܡܬܐ ܕܐܚܒܒܐܘܟܘܢ، ܝܢ ܕܐܚܝܢܘܬܘܟܘܢ، ܐܢ ܒܥܝܐ ܠܘܟܘܢ ܡܨܝܬܘܢ ܥܠ ܡܡܙܓܢܐ ܕܚܠܡܬܐ ܕܐܚܒܒܐ ܕܐܢܫܐ ܒܥܡܪܐ ܒܝܬܝܐ.

ܛܥܢܬܐ ܕܟܠܢ ܠܡܘܒܠ
ܒܪܘܚ ܕܚܘܒܪܘܬܐ

ܐܡܝܘܬܐ ܥܒܕܬܐ ܘܡܡܫܡܫܢܐ ܕܟܠܝ ܒܝܬܐ ܕܣܥܘܪܐ ܥܡ ܐܢܫܐ ܩܫܝܫܐ ܝܢܐ ܐܝܢ ܠܘܫܝܐ ܒܘܬ ܨܘܪܬܐ ܕܣܡܟܬܐ ܕܟܠܢ ܘܕܡܫܬܘܬܦܢ ܠܡܘܒܠ ܒܪܘܚ ܕܚܘܒܪܘܬܐ. ܐܗܐ ܟܐ ܚܐܕ:

- ܡܫܚܬܐ ܕܡܬܠܬܐܘܟܘܢ ܝܢ ܗܩܐܘܟܘܢ ܒܡܘܕܝܘܠܬܘܟܘܢ ܝܢ ܒܡܫܘܕܪܐ
- ܕܩܬܐ ܕܡܫܘܕܪܐ ܡܘܦܠܝܢܐ ܚܕܪܝܐ ܠܗ ܫܘܝܬܐ ܕܒܝܬܐ ܘܚܠܡܬܐ ܕܐܚܒܒܐܘܟܘܢ
- ܚܠܡܬܐ ܕܐܚܒܒܐܘܟܘܢ ܒܠ ܟܐ ܒܟܠ ܥܪܒܘ ܘܡܢܐ، ܒܣܬܪܐ ܡܢ ܥܒܕ ܘܥܠܐ ܐܦܠܬܐ ܘܡܢ ܥܠܐ ܕܣܝܬܐ ܠܟܦܢܐ، ܘܐܝܟ ܕܐܘܟܝܬܘܢ ܠܚܘܫܐ ܐܘ ܕܘܟܝܢܐ ܐܝܕܝܢܐ
- ܡܦܠܚܬܐ ܕܡܕܟܝܢܐ ܕܐܝܬ ܠܗܘܢ (60% ܐܠܟܘܗܘܠ)، ܐܝܟܐ ܕܐܝܬ
- ܡܟܬܐ ܘܕܟܬܐ ܕܩܬܘܬܐ ܘܡܫܘܕܪܢܐ ܡܘܦܠܝܢܐ ܒܟܕܐܝܬ
- ܦܘܫܘܢ ܠܗ ܒܝܬܐ ܘܕܥܘܪܘܢ ܡܢ ܕܥܬܐ ܦܠܚܢܬܐ ܒܐܝܕܝܟܐ، ܐܣܝܪ ܐܝܟ ܕܗܒܝܩܐ ܡܚܘܝ ܘܦܪܬܐ ܝܢ ܚܠܡܬܐ
- ܕܥܘܪܘܢ ܡܢ ܣܘܦܪܢܐ ܠܐ ܐܢܫܝܐ
- ܐܣܝܪܘܢ ܕܝܡܟܠܢܐ ܡܩܪܒ ܠܗܘܢ ܕܚܣܝܢܘܬܟܘܢ
- ܐܣܝܪܘܢ ܕܡܫܘܕܪܢܐ ܐܢܫܝܐ ܕܒܟܝܬܘܢ ܠܗܘܢ ܡܢ ܒܘܬܐ ܩܕܡ ܡܘܡܚܝܢܐ ܥܠ ܟܠܘܟܘܢ
- ܢܛܘܪܘܢ 1.5 ܡܬܪܐ ـ 2 ܡܬܪܐ ܪܚܘܩܬܐ ܕܕܪܟܢܝܐ ܒܝܢܬܘܟܘܢ ܘܒܝܢ ܐܢܫܐ ܐܝܕܝܢܐ، ܐܝܟ ܕܡܨܝܬܘܢ.

ܡܫܝܡܘܢ ܟܠܐ ܥܠ ܫܘܠܛܢܘܬܘܢ

ܠܝܬ ܦܬܐ ܦܠܚܐ ܐܚܒܒܐܘܟܘܢ ܒܟܕܐܝܬ ܕܥܒܕܬܐ ܘܡܡܫܡܫܢܐ ܕܟܠܐ ܥܠ ܫܘܠܛܢܘܬܘܢ. ܐܗܐ ܒܠܐ ܐܢܫܝܘܬܐ ܐܝܟ ܫܡܥܬܐ ܕܟܠܢ ܡܢ ܒܪܘܚ ܕܚܘܒܪܘܬܐ.

ܦܪܘܫܘܢ ܒܟܕܐܝܬ ܡܢ ܐܗܝܢܘܟܘܢ ܘܡܨܝܪܘܢ ܠܗܘܢ ܝܢ ܐܝܬܠܘܟܘܢ ܒܘܬܩܐ ܒܘܬ ܟܠ ܚܕ ܐܝܟܢܝܘܬܐ ܕܫܘܠܛܢܘܬܘܢ. ܒܠܟܐ ܕܡܨܝ ܡܫܕܪܝ ܐܚܒܒܐ ܡܢ ܥܠ ܚܠܘܦܐ ܝܢ ܒܐܘܪܚܐ ܕܡܘܡܢܬܐ ܒܟܠ ܡܘܕܥܐ ܠܟܘܢ، ܘܟܠܐ ܐܝܬ ܐܚܒܒܐ ܕܦܪܬܐ ܠܦܬܐ.