



Australian Government

Department of Health

Lub Xovtooj Pabcuam – Support Line txog COVID-19 rau cov Neeg Laus

Nws tshwj-xeeb ntawm yuav tau muaj kev pabcuam rau cov neeg laus, rau lub caij muaj coronavirus. Lub xovtooj support line, yuav muab kev pabcuam rau cov laus, lawv tsev neeg thiab cov neeg saib-xyuas lawv, kom muaj kev sib xaxov thiab tau txais kev pab rawsli lawv xav tau rau lub caij muaj mob no. Lub xovtooj no muaj kev txhawb pab thiab kev sablaj pub rau cov laus tibi .

Koj yuav paub txog cov kev khoo, kev txwv, mloog xovxwm txog cov kev pabcuam rau cov neeg laus losyog nrog lwm tus tham txog koj txojkev nyuab-siab. Cov neeg uas txhawj txog lawv tus-kheej, lawv tej phoojywg losyog lawv tsev-neeg uas muaj mob tem-toob -dementia, yuav mus nrog cov kws sablaj Dementia Australia advisor tham hauv lub xovtooj no los tau tibi.

Lub xovtooj - support line no yog tsim los txhawb-pab rau cov neeg laus, lawv cov txheeb-ze thiab cov neeg saib-xyuas lawv. Nws yog lub xovtooj muab kev pab dawb thiab qhib ua haujlwm rau hnuv Monday txog Friday, tsuas kaw rau cov hnuv so - public holidays xwb, qhib thaum 8:30 teev sawv-ntxov txog 6 teev tsaus ntuj. Koj hu tau mus rau lub xovtooj muab kev pabcuam no uas xovtooj yog **1800 171 866**.

Yog koj tsis paub lus Askiv, nws muaj neeg txhais-lus pab tibi. Koj hu rau lub chaw pab Txhais-ntawv thiab Txhais-lus, uas xovtooj yog 131 450 ces qhia koj yam lus. Koj mam hais qhia ua koj yam lus rau lawv kom pab txuas xovtooj rau lub Xovtooj Pabcuam Support line txog COVID-19 rau cov neeg laus.

Txojkev tso neeg tuaj xyuas koj - Community Visitors Scheme

Txojkev tso neeg tuaj xyuas koj- Community Visitor Scheme yog kev pabcuam xa neeg tuaj xyuas thiab tham pem ntaus phoojywg rau cov neeg laus. Nws yuav nrhiav ib cov neeg volunteers tuaj xyuas thiab nrog cov laus nyob tham pem tsis-so. Tejzaum nyob rau lub caij muaj tus mob coronavirus no, lawv yuav tuaj xyuas tsis tau cov laus vim sawvdaws yuav tau nyob sib-nrug deb, tabsis lawv yuav hu xovtooj, losyog sib tham tau nrog cov laus hauv video.

Txojkev tso neeg volunteers tuaj xyuas tsis so, yuav pab ua rau kom cov laus tsis kho-siab heev thiab sov-siab tias tseem muaj neeg taug-saib lawv. Txojkev muaj neeg tuaj xyuas no yog kev pab dawb rau cov neeg laus uas tabtom ua ntawv thov, losyog noj tsoomfwv cov nyiaj pab, nyob rau hauv nws lub tsev losyog nyob rau hauv cov tsev-laas.

Cov neeg laus ciali mus thov kev pab hauv txojkev tso neeg tuaj xyuas - Community Visitors Scheme los tau tibi. Cov tsev-laas, yus tsevneeg losyog cov phoojywg yuav ua tus xa yus mus ntsib los tau tibi. Yog xav paub ntau, mus xyuas hauv www.health.gov.au/community-visitors-scheme

Kev nyuab-siab - Mental wellbeing

Kabmob coronavirus tau ua rau peb txojkev ua neej pauv mus ntau yam. Yuav tau mus tham nrog koj tsevneeg thiab cov phoojywg losyog koj tus kws khomob yog koj muaj kev txhawj-xeeb, kev kho-siab, kev

tsis paub tseeb losyog muaj kev ntshais. Yog koj xav paub ntau txog cov kev sablaj thiab lwm yam kev pabcuam, mus txheeb-xyuas hauv www.headtohealth.gov.au

Cov ntsiab-lus ntxiv - More information

Nws tshwj-xeeb ntawm yuav tau mloog cov xovxwm tseeb uas tshwm-sim hauv tsoomfwv tuaj. Mus xyuas hauv www.health.gov.au/resources/translated losyog hu rau lub Xovtooj Pabcuam txog Coronavirus Helpline, xovtooj **1800 020 080**.

Mus rub -Download tus kev pab COVIDSafe App los txhawb-pab rau koj tsev-neeg, koj cov phoojywg thiab neeg hauv zejzog kom nyob ntsib kev nyab-xeeb. Tus kev pab COVIDSafe App no tau muab txhais ua lus Arabic, lus Suav, lus Nyab-laj, lus Kaus-lim, lus Italian, lus Greek, lus Punjabi thiab lus Turkish. Mus rub – downloaded tus kev pab App no nyob hauv lub khw Apple App store losyog hauv Google Play store. Koj hais kom koj tsev-neeg, cov phoojywg losyog cov neeg ua haujlwm hauv cov tsev-laas pab koj mus rub – download tus kev pab App no rau koj.