



Australian Government



COVID-19 khamnak sii chunhnak caah timhtuahnak

Ahnubik tharchuahmi: 30 Chiapa (July) 2021

Nangmah konglam pawl kha hmaan hrimhrim seh

Nangmah he ton caan na hngah cuahmah lio ah, atu ah timhcia tein na tuah khawhmi thil cheukhat pawl an um.

Na konglam pawl kha [Medicare](#) sin i a hnuhik ta kha siseh law, a ngah kho dingmi na si ahcun (Medicare caah a ngah kho dingmi na si lo zongah COVID-19 khamnak sii cu naa chunh khawh ko kha ichinchiah). Hi hmangin na tuah khawh:

- [MyGov hmangin Medicare online](#) min in
- [Express Plus Medicare](#) app in.
- [Medicare prokarem](#) chawnhnak in.

Na min kha na chiah khawh lo ahcun, hihi na tuah khawh:

- [Medicare ah minkhumhnak tuah](#), minkhumhnak na tuah rih lo ahcun.
- Na Medicare online account kha [chia](#), Medicare ah min khumhnak na tuah ko, asinain myGov sinah aa pehmi Medicare na ngeih lo ahcun.
- [Pumpak Ngandamnak Langhternak \(IHI\) ngah](#), Medicare caah cohlanmi na si lo ahcun.

Khamnak sii na chunh lecangka in, na siichunhnak sining fehter dingah na zawt khamnak lei tuanbia tialmi kha na ngah khawh lai. Australia Riantuan piaknak pawl (Services Australia) website ah [na zawt khamnak lei tuanbia tialmi ngah ning](#) cu na hmuh khawh lai.

Ichunhnak ding caah timhcia in umnak

COVID-19 khamnak sii pawl cu Australia le vawlei ningpi huap in rikhiah piakmi te lawng a um rih. Hi a sullam cu, COVID-19 zawtnak fak ngaiin tihnung bik a ngei kho dingmi le/asilole zawtnak hrik sinah a phozar mi pawl kha a hmasabik ah siichunh an si lai tinak a si. A dang minung pawl cu a voi dangah siichunh an si te lai. Sii chunhnak ah aho pawl dah papek ding an si timi kha hika hi zohnak in kawl www.health.gov.au/covid19-vaccines. COVID-19 khamnak sii chunhnak ah a hlankanh in na chimhchawnh khawh rih ahcun hika zohnak in na chek khawh <https://covid-vaccine.healthdirect.gov.au/>

COVID-19 khamnak sii chunhnak ah na kal a **herh lo**, hihi na si ahcun:

- Taklinh, khuh, hnap chuah asilole a dang zawt hmelchunhnak pawl COVID-19 zawtnak a si khomi in na zawt
- COVID-19 zawt naa chekmi aphi na hngah lio
- COVID-19 zawtnak naa chek i aphi ah a ngei tiah a lang i a dang tein na um
- Zawt chek dingah a dang tein na um
- COVID-19 zawtnak a ngeimi pakhat khat he naihniam in tonnak na ngei.

A cung langhtermi phun pawl pakhat khat ah naa tel ahcun, na zawt khamnak tuahtiaktu he chek uh. Na sii chunhnak caan suaisamh than na hau men lai. COVID-19 thlopnak ah COVID-19 khamnak sii cu san a tlai lo.

COVID-19 khamnak sii naa chunh hlan ni 7 chungah a dang sii chunhmi na ngeih ahcun, na zawt khamnak tuahtiaktu kha chim. Na sii chunhnak caan suaisamh than dingah na zawt khamnak tuahtiaktu nih an fial men lai.

Sii naa chunh hlan ah taklinhnak asilole thawchuahnak lei i zawt hmelchunhnak pakhat khat na ngeih lo ahcun, COVID-19 ichek na hau lo.

Voi hnih ichunh dingin timhlanhnak ngeicia

COVID-19 khamnak sii cu voi hnih naa chunh kha a biapi tuk. COVID-19 Pfizer [Comirnaty] naa chunh ahcun voi hnih naa chunhmi karlak kha a tlawmbik zarh thum ihlat seh. COVID-19 Khamnak sii AstraZeneca naa chunh ahcun voi hnih naa chunhmi karlak kha zarh 12 hrawng ihlat seh. Siichunhmi pakhat le pakhat karlak kha zarh 12 in zarh 4 nak tlawmlo deuh ah tlawmternak kha thil sining zeimawzat caah aa rem men lai. A voi hnihnak naa chunh hnu zarh khat in zarh hnih tiang lo kha cu COVID-19 irunvennak a thatnak kha mithmuh in a lang lai lo.

Khamnak sii ichunhnak ni caah iruahchan dingmi

COVID-19 khamnak sii ichunhnak na rat tikah a tanglei pawl hi naa put a hau:

- hmaantlak ID, pakhat na ngeih ahcun
- Medicare kat, pakhat na ngeih ahcun
- riantuantu ID, na rian ruangah COVID-19 khamnak sii naa chunh ahcun.
- sii thlopbulnak na ngeihmi, sii iziaklonak na ngeihmi, thi ningcang lo in chuahnak na ngeimi asilole zawt in khawhnak thazaang a ngeilomi na si kong (tch. zawt inkhawhnak lei derthawmhlak) thawngthanhmi
- sii pakhat khat dinmi na ngeihnak kong thawngthanhmi
- hlanlio deuh ah COVID-19 khamnak sii na rak ichunhnak kong thawngthanhmi (khamnak sii a min le siichunh nithla)
- a liamciam i caan i sii chunhnak pakhat khat ruangah takpum ah iziaklonak a langhmi kong thawngthanhmi
- atu lio na siibawi (GP/s) le siibawi thiamsang pakhat khat na hngalhmi min
- hmai huh (na umnak pine/hmunhma nih a herh a ti ahcun).

Tonnak ngeih na si ni ah, na zawt khamnak tuahtiaktu he COVID-19 khamnak sii kong i bialhnak pakhat khat na ngeihmi cu iceihmai khawh a si te lai.

Kum 60 tang na si i, sii lei thlopbulmi pakhat na ngeih ahcun asilole sii din liomi pakhat khat na ngeih ahcun, na zawt khamnak tuahtiaktu kha chim. A hlei khun in, chim hrimhrim hna, hihi na si ahcun:

- COVID-19 khamnak sii tuandeuh in na rak ichunh lio ah na takpum ah iziak lonak a langmi a um asilole
- khamnak sii chung i aa telmi pawl (fak piin iziaklonak a langmi) nih a dang siichunhmi pawl asilole a dang sii pawl he aa kaih ruangah na takpum ah iziak lonak a langmi a um

- avoi khatnak COVID-19 khamnak sii ichunh hnu ah thiamsang nih zohfelnak ah a dang fak piin thilcang pakhat khat a um
- sii iziaklo ruangah titsa a hlummi a um tiah fehter in thlopbul a herhmi a um
- thihri chungin thi zuhnak lei zawtnak na rak ngeih
- avoi khatnak COVID-19 khamnak sii ichunh hnu ah hun zulhmi ah Thikhalknak lei Zawtnak (TTS) telhchih in thluak thahri le/asilole lung in titsa lei ah thi a kuabiktu fakpiin ifonhnak lei zawtnak na rak ngeih
- thluak thahri lei riantuan tha a dermi (HIT), thluak thahri chung i thi khalnak (CVST), paw thahri ah thikhalknak (paw chung thihri) asilole thikhalknak lei zawtnak he aa pehtlaimi thi ningcang loin umnak hlan lio ah na rak ngeih bal
- lung titsa linhnak le lung a zualtu fahnak na rak ngeih
- atu lio asilole nai teah taklinh peng zawtnak na ngeih asilole lung a chunglei zawtnak na ngeih
- i chuahpimi lung zawtnak na ngeih
- lung titsa fah in thi dawp khawhlonak lei zawtnak na ngeih (kum 30 tang minung caah)
- lung zawtnak fak piin na ngeih
- lungthlen piakmi na si
- na thi ningcang lo in a chuah ahcun asilole thi pannak lei thlopnak na ngeih ahcun (a pan deuhmi thi)
- nau na paw ahcun
- zawt inkhawhnak thazaang a tlawmmi na si maw (tch. Zawt inkhawhnak lei derthawmna asilole sii a riantuan kho lo dingin tuahtomi ngeihnak)
- a luanciami caan ah COVID-19 in n arak zawt ahcun, asilole COVID-19 in na zawt cuahmah lio a si ahcun
- COVID-19 khamnak sii a dang naa chunh cang ahcun (min dang in chuahmi)
- a luancia ni 7 chungah khamnak sii naa chunh cang ahcun

Cheukhat thil sining ah, sii ichunh ngeih dingin biachahnak na tuah hlan ah siichunh kongkau kha na ngandamnak lei zohkhenhtu he iceihmaitin ngeih kha a tha deuh men lai. Naa chunhmi khamnak sii kongah a fiang deuhmi zong kha na rel khawh fawn:

- [COVID-19 Pfizer \(Comirnaty\) khamnak sii kong](#), asilole
- [COVID-19 Khamnak sii AstraZeneca kong](#)

Zeitindah khamnak sii cu ngah a si lai?

Khamnak sii cu chunh na si te lai i, na banhram titsa ah a tam-u cu chunh a si. Sii naa chunh dih in a tlawmbik minit 15 tluk zohfelnak tuah awk ah siichunh siikhaan ah na taangta hrimhrim lai. Na sii thlopnak tuambia cungah hngat in, minit 30 tluk siikhaan ah hngah dingin fial na si men lai.

Tonnak ngeih na si lio i na chimmi kha zeitindah hman a si?

Zeitindah nangmah pumpaak pawl kong khawmhsuat, khawn le hman a si timi kong theihhngalhnak caah hika ah zoh:- <https://www.health.gov.au/using-our-websites/privacy/privacy-notice-for-covid-19-vaccinations>