



Australian Government

**COVID-19**  
✓ **VACCINATION**

# Naupawi, nau hnuk dinh liomi, le COVID-19 khamnak sii pawl

Comirnaty (Pfizer) le Spikevax (Moderna) khamnak sii pawl cu naupawimi le nau hnuk dinh liomi nu pawl, cun naupawi dingah aa timhtuahmi caah duh piak an si. Nu pawl cu nau an pawl lio zeitik caan paoh ah khamnak sii an ichun kho.

COVID-19 sinin a fak bakmi tihunnak a chiami aphichuak pawl cu naupawimi nu pawl le an hrin rihlomi nau caah a tihunnak a zual deuhmi a si. COVID-19 in a zawmi naupawi nu pawl cu siizung ah kal a herh deuhmi sinak a ngeimi asilole a hlei in congghramnak a herhmi an si. An hrin rihlomi nau cu thla tling loin (naupawi nak in zarh 37 hlan ah) chuahnak ding lam tamdeuh a ngei lai i thlopnak caah siizungah kal a herh.

Hi tihunnak pawl zorter dingah a thabikmi lam cu khamnak sii ichunh a si. Pfizer khamnak sii kha voihnih naa chunh a hau lai, zarh thum in zarh ruk dan ah, asilole Moderna kha voihnih na chunh a hau lai, zarh li in zarh ruk dah ah.

United States (US) in naupawimi nu 35,000 tamdeuh sin i dothlatnak tuahmi nih a rak langhtermi cu khamnak sii ichunh hnu ah takpum hnorsuannak a ummi cu naupawi le naupawilo sinah aa khat ti a si. Khamnak sii chunhnak nih thla tlinglo in nauchuahnak, naurawhnak, nau ahme te in isemnak le pumtlinglo in nauchuahnak tibantuk harnak lam pawl a karhter lo.

Naupawi nu pawl kong COVID-19 data a kai bantukin, kan ruahnak cheuhmi pehzulh in kan in chimh te lai.

## Naupawi lio i COVID-19 khamnak sii ichunhnak hnu ah zeibantuk takpum hnorsuannak dah an um kho?

COVID-19 khamnak sii pawl ichunhnak nih a chuahpi tawnmi ah aa telmi hna cu a tang i langhtermi takpum hnorsuannak hna hi an si:

- taklinhnak
- ban fahnak
- lufahnak
- titsa fahnak
- hlihcaang fahnak
- khuasihnak.

Khamnak sii naa chunh hnu ah hi takpum i hnorsuannak pawl pakhat khat na ngeih ahcun, hi hnorsuannak a lang tawnmi pawl zorter dingah paracetamole na din khawh. Paracetamol cu naupawimi zeitik caan paoh caah a himmi a si.

Vawlei cung khuazakip dothlatnak pawl nih naupawi nu pawl asilole an fale kha takpum i hnorsuannak pakhat khat bak an tonmi an hmu lo. Sihmanhsehlaw, kherhlaitu pawl nih hmuh rih lomi a um setsat lomi takpum i hnorsuannak pakhat khat a um kho men.

## **Naupawi lio i COVID-19 zawtnak nih ka fa kha hnorsuannak pakhat khat a pekmi pakhat khat an um maw?**

COVID-19 in a zawmi naupawi nu pawl nih naurawhnak asilole thla tlinglo in (tuandeuh) nau chuahnak tihnung tamdeuh an si. An fale pawl cu an chuah lio ah ngaihchiatnak muihmai tamdeuh an langhter khawh men, asilole siizung ah nauthar kha a hlei deuhin thlobulnak a herh kho men.

Hi tihunnak pawl zorter dingah a thabikmi lam cu khamnak sii ichunh a si.

COVID-19 khamnak sii an ichun hnu ah naupawi nu pawl cu nau a zualtu kha zawt doh khawhnak a ngeihter, a hlei in naupawi ka hrawng i khamnak sii aa chunmi i an nau ngeih hlan ah avoi hnih ning in aa chun cangmi caah tiah science lei he aa pehtlaimi tehte nih ruahnak a cheuh. Hi zawtnak a dohtu pawl nih nau kha ahmasat a chuah thla tlawmpal caah COVID-19 dohnak lei runvennak cheukhat a pek men lai.

## **Nau hnuk a dinh liomi nu pawl caah zeipawl dah duh piakmi an si?**

Pfizer le Moderna cu nau hnuk a dinh liomi nu pawl caah duh piakmi a si. Khamnak sii naa chunh hlan asilole chunh hnu ah nau hnuk dinhnak khan a pehzulh khawh.

## **Naupawi dingah aa timhtuahmi nu pawl caah zeipawl dah duh piakmi an si?**

Pfizer le Moderna cu naupawi dingah aa timhtuahmi nu pawl ca zongah duh piakmi a si. Naupawi hlan i khamnak sii naa chunh cang ahcun a sullam cu nau na pawl chung vialte COVID-19 a dohmi runvennak na ngei men cang lai tinak a si. Zaangfahnak in ichinchiah:

- COVID-19 khamnak sii ichunh hlan asilole ichunh hnu ah naupawi ding khan a hrial a hau lo.
- Khamnak sii ichunhnak nih naupawi khawhnak kha a hnorsuang lo.
- Kanak sii ichunh hlan ah nau na pawl le pawilo ichek na hau lo.

## **Thawngthanmi tamdeuh hngalhnak caah**

Khoika dah COVID-19 khamnak sii naa chunh khawh timi kawlnak dingah, hika ah zoh <https://covid-vaccine.healthdirect.gov.au/>

COVID-19 khamnak sii pawl kongah biahal awk pawl na ngeih ahcun, na siibawi sin ah chim law, [health.gov.au/covid19-vaccines-languages](https://health.gov.au/covid19-vaccines-languages) ah zoh asilole Rampumpi huap Coronavirus Bawmhnak kong chawnhkhawhnak (National Coronavirus Helpline) 1800 020 080 ah chawn.



Holhleh piaknak lei riantuan piaknak pawl caah, 131 450 ah chawn.